

PESSPA during Coronavirus (Covid-19) Pandemic Risk Assessment V1



Activity:	Physical Education, School Sports, and Physical Activity (PESSPA) during a pandemic			Location(s):	Calthwaite CE Primary School
Assessor:	J. Harvey	Ref No.:		Distribution:	
Date:	7/9/2020	Proposed Review Date:	On-going weekly	Signed:	<i>J. Harvey</i>

Hazard	Risk	Individuals at risk	Risk Rating	Control Measures What are we doing now?	Notes/Additional Control Measures What more do we need to	Residual Risk
Infection spread through teaching and learning activities and the way they are organised in the spaces used	Infection spread leading to serious respiratory illness or death	Participants and Activity Leaders or Supervisors (staff, contractors, volunteers, and other visitors supervising PESSPA activities)	High	<input type="checkbox"/> We will ensure staff, volunteers, contractors, and visitors (activity leaders) & PESSPA participants understand our infection control procedures and how to implement them by: <ol style="list-style-type: none"> 1) controlling the activities we organise or arrange from the outset e.g. outdoors if possible, limiting numbers, strict groupings, access rotas; 2) requiring hygiene measures to be part of every activity briefing; 3) checking they understand that certain groups are more vulnerable to Covid-19 e.g. people who are BAME or have respiratory conditions etc. and providing information about particularly vulnerable people that we are responsible for; 4) providing clear instructions with equipment or activity surfaces of ours which we expect to be used; 5) having clear rules about what is and is not considered safe behaviour and sharing them e.g. social distancing expectations, handwashing, when to wear protective measures, physical contact, shared equipment; 6) displaying posters and signage; 7) We can only work with external coaches, clubs, and organisations for curricular and extra-curricular activities where we are satisfied that they understand all of the above (find more detail below) and that their safety procedures and ours will work together to keep people as safe as possible. 8) We will encourage/arrange for PESSPA to take place outdoors if possible, in large indoor spaces if not, while maximising natural ventilation flows and distancing between pupils and paying scrupulous attention to cleaning and hygiene. 9) All physical contact and teamplay elements of all sports are currently suspended. Sports activities heavy in these elements and which need to be taught to meet curriculum requirements, preserve or improve necessary skills progression, or provide necessary physical and mental health benefits will continue in carefully planned ways that eliminate or minimise the contact and maximise the distance between everyone. 10) Sports whose national governing bodies have developed guidance under the principles of the government's guidance on team sport and been approved by the government are permitted. We can only provide team sports on the list available in Guidance on the phased return of sport and recreation. 	<ol style="list-style-type: none"> 1) Outdoors where possible-when coaches are in using half class sizes if indoors 2) Washing of hands before and after activity-equipment disinfected before and after sessions 3) Be aware of children/ health care plans 4) Minimising contact of surfaces 5) Shared equipment minimised, distanced as much as possible 6) Signage around school 7) Discussion and sharing risk assessment prior to arrival of external coaches or providers 8) Outdoors where possible or indoors with ventilation in the hall and children distanced 9) Non-contact activities-skill based where possible 10) Forest School/ Dodgeball-using British Dodgeball recommendations 	Med/low

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				11) Our revised PE curriculum is age or stage appropriate regarding expectations and agreed by all staff and others with a specific role in teaching it. 12) Interventions/catch up support will also be planned and delivered in line with the requirements governing ordinary PESSPA activities currently. 13) There must be no routine physical touch support by supervisors or peers during activities, that is not required for SEND or emergency safety reasons. 14) Participants will be kept in consistent groups or bubbles and will not mix. 15) We will restrict or specially direct movement around PE areas/buildings to limit risks like bottlenecks in classroom layouts, manage entry and exit points, staggered starts, breaks, changing arrangements & use of communal staff areas. 16) We will use visual markers on floors, walls and outdoor surfaces and require supervisors to give frequent verbal reminders to help keep people apart. 17) We will use external facilities that we hire, borrow, or share with another employer in line with government guidance on off-site activities during the pandemic with special consideration for any transport required. 18) With written parental consent we might dismiss some participants from an external facility to travel home independently or be collected by a parent (as appropriate) rather than transport them back to school first and activity leaders will receive specific instructions about this with any register they must take. 19) Our behaviour policy and disciplinary procedures will be made clear to all our PESSPA staff and in particular to other activity leaders who are not our staff.	11) Clear understanding of what can/ cannot be taught and how to minimise risk when delivering 12) ✓ 13) Only when needed for safety reasons where a child is at risk should contact be made 14) ALL activities to be delivered separately to bubbles, no mixing. When inside, consider space and whether each bubble should be halved 15) Specific entrances, timings and systems to reduce bottlenecks or bubbles mixing 16) ✓ 17) ✓ 18) N/A 19) ✓	
Infection spread through poor handling of a suspected case of Covid-19 or another emergency impacted by new Covid secure arrangements (fire, lockdown, injury etc.)	Infection spread leading to serious respiratory illness or death	Participants and activity leaders or supervisors and the public	High	20) We will ensure all adults with any kind of supervisory role know to look out for participants or anyone else involved displaying or complaining of a fever, or a new and continuous cough, or a loss of taste or smell (symptoms of coronavirus (Covid-19)), and what to do i.e.: <ul style="list-style-type: none"> ○ take personal protective measures appropriate to the situation immediately; ○ appropriately isolate the symptomatic person to be sent home as soon as possible and trigger the procedure to get that done; ○ trigger (or specially supervise when available) personal hygiene measures among the whole group i.e. handwashing; ○ trigger the cleaning procedures in place for when a symptomatic person leaves an area, or flag for the appropriate person the need for and potentially increased risk of cleaning in the area(s) the unwell person has been in & the things touched/coughed on; ○ ensure all attendance registers, the visitor's book/system, and any Visitor Record Form is properly completed with location data included for cleaning or contact tracing purposes; ○ tell us as soon as possible if they develop symptoms or/and they receive a positive test result within 14 days after they have supervised PESSPA for us if they can and not wait for someone else to do it. 21) We will provide specific information to activity leaders about:	20) External providers understand the system for dealing with a suspected case-where PPE can be found and where the child needs to be taken	Med

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				<ul style="list-style-type: none"> ○ emergency procedures that have stayed the same (like how to raise the alarm during incidents away from buildings or that require the emergency services) ○ emergency procedures that are now different (like the additional first aid kits). ○ new fire evacuation procedures e.g. new assembly points, new priority exit routes, our expectation of social distancing if any. ○ new lockdown measures e.g. any changes to how we manage outside threats like a stray dog, fumes from an industrial accident or smoke from a tyres fire nearby. <p>22) We will check whether qualified first aiders we will rely on in an emergency understand how to protect themselves and an injured person from Covid-19, and whether they have completed the additional learning if their qualification lapsed after 16 March 2020 and qualifies for extension to 25 November 2020.</p>		
Infection spread due to a lack of protective or hygiene measures or inadequate personal protection and PPE	Infection spread leading to serious respiratory illness or death	Participants and activity leaders or supervisors and the public	Med/high	<p>23) We will ensure enough suitable personal hygiene supplies (tissues, sanitiser/wipes, waste bags); surface disinfectant (spray/foam and cloths/wipes) and handwashing supplies (soap, running water & towels) and facilities (enough sinks, bins etc.) are available before, during and after activities.</p> <p>24) All supervisors & participants will wash their hands before and after PESSPA activities and will sanitise if unable to wash them when they blow their nose etc. during activities.</p> <p>25) We will provide adequate protective equipment (e.g. face coverings and aprons) or defined Personal Protective Equipment (e.g. gloves, gowns, N95 masks) to our staff and volunteers for any specific task we reasonably foresee they might have to do and need it for i.e. closely managing a newly symptomatic person.</p> <p>26) We expect contractors that provide services like sports coaching to provide their own PPE for themselves, their staff or their representatives.</p> <p>27) We will have available a suitable range of PPE (S, M & L) to enable visitors (and un/under-prepared contractors) who we might expect to give emergency or first aid, to do so more safely.</p>	Supplies of tissues, sanitiser, soap and disinfectant checked daily	Med/low
Infection spread through use of shared facilities like changing areas and shared equipment like bats, balls etc.	Infection spread leading to serious respiratory illness or death	Participants and activity leaders or supervisors and the public	Med	<p>28) To reduce use of shared spaces, some or all participants will attend sessions already wearing appropriate clothing and footwear and information about which groups this applies to and when has been made clear to parents/activity leaders.</p> <p>29) When we use changing areas, social distancing will be maintained, and the areas cleaned after each group/bubble has used it (with our usual cleaning products) especially if pupils have been sweating or are wet from rain. Particular attention will be given to high frequency touch areas (benches, door handles etc.).</p> <p>30) If soap and running water is not easily available in or near changing facilities, hand sanitiser will be provided.</p>	<p>28) children wear P.E kit or Forest School clothes on those days straight from home</p> <p>29) changing areas not used</p> <p>30) soap and sanitiser always available in all rooms</p>	Low

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				31) Multiple groups or bubbles are not permitted to use PE or outdoor equipment at the same time. 32) PE and outdoor equipment must be cleaned between use by different groups/bubbles and locked away or access to it barred when not in use. 33) We have limited the use of some shared equipment by encouraging participants to use their own personal equipment like tennis racquets or balls and by adjusting the way some skills are practiced. When our equipment is shared within a group all users will wash their hands thoroughly before and after. 34) Shared equipment will be disinfected with our usual products between use by different groups or bubbles, or it will be quarantined and not touched by anyone for 48hrs (72hrs if plastic). 35) Extremely personal equipment that goes in the mouth like water bottles and whistles or is worn on the body and catches sweat or spittle when breathing hard like sweatbands, bibs or coloured bands, will not be shared. 36) Personal effects may only be handled by their wearer without protective gear like gloves, especially piercings which supervisors may not help participants with. 37) Sun protection and hydration plans will take account of infection control e.g. not sharing bottles and self-application where possible. 38) We will use familiar activities like active miles, making break times and lessons active & encouraging active travel to help pupils be physically active and to help cement the hygiene & physical distancing skills they need – but we will eliminate or limit the use of shared equipment that we used to make available for this.	31) no mixing of equipment between bubbles Cleaned before, during and after 37) no sharing bottles for water, sun cream already applied from home	

Further Action Required	Date Action Completed	Date RA Reviewed	Significant Changes Y/N	Shared with Staff Date or N/A
This risk assessment must be read and followed in conjunction with other applicable risk assessments for the setting/activity, and: <ul style="list-style-type: none"> • Guidance on the phased return of sport and recreation • Working safely during coronavirus (COVID-19) for providers of grassroots sports and gym / leisure facilities • Sport England for grassroot sport • Youth Sport Trust • AfPE COVID-19: Interpreting the Government Guidance in a PESSPA Context and 'frequently asked questions' for PE staff • Swim England – for guidance on school swimming 				