

|           | w/c   | w/c   | w/c  |
|-----------|---|---|--|
| Monday    | Pesto pasta with chicken and mixed vegetables<br><br>Iced sponge                  | Pork meatballs and pasta twists with peas, sweetcorn and gravy<br><br>Fruit salad | Chicken casserole with rice and sweetcorn<br><br>Australian crunch                       |
| Tuesday   | Sausage roll with mashed potato, peas, carrots and gravy<br><br>Fresh fruit salad | Homemade pizza with potato wedges and baked beans<br><br>Flapjack and custard     | Cheese quiche, new potatoes and beans<br><br>Natural yoghurt with granola and honey      |
| Wednesday | Vegetable curry with rice<br><br>Chocolate sponge and custard                     | Roast Chicken Dinner<br><br>Jelly and ice cream                                   | Fish, chips and peas<br><br>Strawberry gateau  |
| Thursday  | Spaghetti Bolognese with green beans and sweetcorn<br><br>Fruit muffin            | Cottage pie with mixed vegetables and gravy<br><br>Oat biscuit and milk           | Sausage and mashed potato with mixed vegetables and gravy<br><br>Shortbread              |
| Friday    | Fish, chips and beans<br><br>Natural yoghurt with granola and honey               | Salmon bites<br><br>Lasagne with salad<br><br>Fresh fruit slices                  | Pasta twists with tomato sauce and cheese with sweetcorn<br><br>Syrup sponge and custard |

There is usually a daily choice of jacket potato, baguette or bread roll with egg, cheese or tuna filling. Ham baguettes or rolls are also available. Fresh fruit or yoghurt is usually available as an alternative dessert.

**Food Allergies and Intolerances:- Before you order food please ask staff if you want to know about our ingredients**